



Newsletter 4 - Members December 2016

Witbank Coalfields Medical Aid Scheme
P O Box 26, Witbank, 1035



Like our page

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WCMAS SCHEME RATES FOR 2017

The WCMAS Board of Trustees has resolved to increase the overall WCMAS Scheme Rate for 2017 between 6% & 6.3%.

Members are again reminded that certain suppliers of medical services render their accounts in excess of the Scheme's Rates and that members will be liable for payment of the excess directly to the supplier

NEW MEMBERSHIP CARDS & GUIDES - 2017

Please look out for the new 2017 membership cards and membership guides for all members which will be mailed early in the new year. An electronic version of the guide is also available from our website – www.wcmas.co.za



You are advised that upon receipt of your new membership card to please destroy the old one as it will become invalid.

INCREASE IN THE MONTHLY CONTRIBUTIONS FROM 1 JANUARY 2017

Based on the expected increase in medical tariffs and utilisation of medical services as well as the effect of funding the Prescribed Minimum Benefits (PMB's) in accordance with the Medical Schemes Act, it is estimated that the medical expenditure for WCMAS for 2017 will escalate to ± R270 million.

The Board of Trustees has resolved to increase contributions with 7.3% effective from 1 January 2017 as per the following table: -

Table	Income Group	Principal Member	Adult Dependent	Child Dependent
A	0 – 2000	1636	1636	432
B	2001 – 3000	1876	1876	432
C	3001 – 4000	2328	2328	432
D	4001 – 5000	2548	2548	432
E	5001 – 6000	2548	2548	432
F	6001 – 7000	2652	2652	432
G	7001 – 8000	2652	2652	432
H	8001 – 9000	2652	2652	432
I	9001 – 10000	2652	2652	432
J	OVER 10000	904	904	432



Please like our page to receive regular important updates

Important Changes to Hospital authorisations as from 01/11/2016 for members



telephonically or via e-mail. The new contact details are as follows:

All Hospital Authorisations to be obtained 72 hours prior to admission: 0861 486 472 or preauthorisation@universal.co.za

MRI/CT/PET Scans and Nuclear medicine/Isotope authorisations:
0861 486 472 or preauthorisation@universal.co.za

Oncology Authorisations:
0861 486 472 or oncology@universal.co.za

It is important to remember that the following procedures performed in the doctor's rooms require an authorisation number:

- Colonoscopy and Sigmoidoscopy (1653/1654 - 1676/1677)
- Colposcopy (2429)
- Cone biopsy (2405)
- Circumcisions (2133/2137/2139)
- Drainage of superficial abscesses (0255)
- Excision of skin lesions (0245/0246/0251/0252/0237/0310/0311)
- Fine needle aspirations of breast lumps (5034) or Lesions (0316)
- Gastroscopy (1587)
- Nasal cautery (1037/1039)
- Radiofrequency ablation of varicose veins (VNUS) (1413/1415)
- Removal of foreign body: eye (3071/3072) / Nose (1065) / Oesophagus (1550) / Ear (3204/3205) / Skin (0259/0261)

Please contact 0861 486 472 or preauthorisation@universal.co.za

MVA Third Party Claims

The Scheme's appointed attorneys for third party claims are Marais Basson Inc Attorneys. The Scheme will settle such claims provided the member furnishes the Scheme/Marais Basson Inc Attorneys with a letter of undertaking that if successful the Scheme will be refunded any monies recovered from any source of insurance fund.

Should a member appoint his own attorney, he/she is requested to furnish the Scheme attorneys Marais Basson Inc Attorneys with the full contact details. Their contact number is 013-690 3968/9.

The Scheme is pleased to announce the implementation of New Active Nurse Based Disease Management Programs with effect from 01/11/2016 for Diabetes, Asthma, HIV/Aids, Maternity, etc. which is to be Case Managed by Universal.

Chronic Disease Management Programmes

WCMAS offers a care and support programme for ALL members of WCMAS who are diagnosed with Chronic conditions such as Asthma, Chronic obstructive pulmonary disease, Cardiac failure, Diabetes Mellitus and HIV/AIDS.

This care and support programme is delivered by specially trained nurses from the Universal Care Disease Management Programme. The aim of the Disease Management programmes is to ensure that you remain healthy and that you have access to the most appropriate care for managing your chronic condition(s).

- The nurses from the Disease Management Programme will call you regularly and give you personalised one-on-one attention.
- They will make sure you understand your chronic condition and how to manage it.
- They will give you advice on lifestyle, exercise, diet and emotional support.
- The nurses will also track the progress of your condition, and advise you of how often you need to see your doctor and what tests your doctor will do to monitor your progress.
- The nurses will encourage you to be compliant with your treatment, doctor visits and explain what tests you need to have done at each doctor visit.

The nurses will not inform anyone about your condition without your consent.

The nurses are available to answer any questions you may have about your chronic condition and can be called if you need information or support. Call this number: 086 148 6472

So, if you have one of these chronic conditions listed above, please register on the Disease Management Programme to receive a total treatment plan which includes -

- Confidentiality
- Guidance and support
- Education and information
- Counselling and health and compliance monitoring

Contact details Universal Care Disease Management Programme Tel: 086 148 6472, select option 2 or via e-mail: diseasemanagement@universal.co.za

Oncology Management Programme

If you or a family member has been diagnosed with any cancer, WCMAS offers an Oncology Management Programme. As soon as the cancer has been diagnosed, your treating doctor must send a treatment plan to the Oncology Management Programme to register you on the programme.

All oncology treatments must be authorised for payment as oncology. The specially trained clinical staff at the Oncology programme will review your treatment plan and ensure that you get the most appropriate care for the management of your cancer. If you need support and advice regarding your treatment you may contact the Oncology Programme.

The oncology programme offers:

- Confidentiality
- Advice and support for your oncology condition
- Review of oncology treatment to ensure you receive the appropriate care
- Pre-authorisation of your oncology treatment

Contact details Universal Oncology Management Programme Tel: 086 148 6472, select option 3 oncology management or e-mail: oncology@universal.co.za

WELLNESS BENEFIT (HRA) Health Risk Assessment

WCMAS would like to encourage all our members and their registered dependants to undergo their annual wellness check up's.

NAPPI 722764001 - WCMAS Health Risk Assessment
Effective Date: 01/01/2017

1 Visit per beneficiary per year, @ DSP clinic paid **from Risk**.
Tests include blood pressure, cholesterol, blood sugar, BMI, healthy meal plan and exercise plan
Combined set of tests @ R175 (including VAT)

DSP's: All pharmacies that charge our tariffs, with no charges to members and *will send result files to the scheme*.
Current DSP's: Clicks, Dis-Chem and Script Savers

HELP US TO KEEP IN TOUCH

We don't want you to miss out on any communication, so please advise us if your contact details change. We encourage you to sign up and receive your Scheme correspondence (including your claims statement and other member communication) electronically. You will receive communication faster and also contribute to a "greener" environment. To sign up please register on www.wcmas.co.za.



OFFICE CLOSURE

Kindly note that the WCMAS offices will close on the 22nd December 2016 at 12h00 and reopen on the 3rd January 2017 at 08h00. We would like to wish all our members a safe, healthy and prosperous 2017.